Father in heaven, you love me, you are with me night and day. I want to love you always in all I do and say. I'll try to please you, Father, bless me through the day. Amen

morning Prayer

## Bless us, O God, as we sit together. Bless the food we eat today. Bless the hands that made the food. Bless us, O God. Amen.

Lunchtime Prayer

## **Evening Prayer**

Sod our Father, I come to say hank you for your love today. hank you for my family nd all the friends you give to me. Guard me in the dark of night and in the morning send your light. men.